

Vitamin C
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[Publications by Robert F. Cathcart, M.D.](#)

[Medical mystery around student infections deepens](#)

**This infection should be treated with the appropriate antibiotic plus [bowel tolerance doses of ascorbic acid](#).
[Intravenous sodium ascorbate](#) may be necessary in serious cases.**

[Linus Pauling on Robert Fulton Cathcart, III, M.D., The Linus Pauling Institute of Science and Medicine Newsletter FALL 1978.](#) {allow lots of time for this download because it is in PDF format.}

[Avian \(bird Flu\) Treatment with Massive Doses of Ascorbate](#)

[Polio](#) (Klenner's Cure 1949)

[The Origin of the 42-Year Stonewall of the Successful Treatment of Polio with Massive Doses of Vitamin C](#)

[EBOLA](#)

[Tick Borne Disease, Hemorrhagic Fever Like Disease in Turkey](#)

[Dietary Reference Intakes for Vitamin C, Vitamin E, Selenium, and Carotenoids \(2000\)](#)
[Institute of Medicine \(IOM\)](#)

[Journal of Orthomolecular Medicine Archives](#)

[Orthomolecular Medicine News Service](#)

[Measles](#)

[Mumps](#)

[California or Santa Clara FLU](#)

Links for Vitamin C and flu,

[Google ~4,000,000,](#)

[Yahoo ~3,790,000,](#)

[Ask Jeeves ~334,300](#)

[Megascorbic Prophylaxis and Megascorbic Therapy:
A New Orthomolecular Modality in Veterinary Medicine](#)

[Wendell O. Belfield, D.V.M. and Irwin Stone, P.C.A.](#)

This article should be of great interest to those who think that the effects of megascorbic treatments are all psychological. It works well in animals. If you love your dog or cat, you should read this. Warning, the vets will not listen to these facts any more than most MDs.

[Recent Research Shows Intravenous C Can be Effective Against Some Cancers](#)

[Encephalitis in India](#)

[Resistant Staphylococcus Aureus](#)

[How to cure polio published in 1949 and kept secret](#)

[West Nile Cured by massive doses of ascorbate](#)

[U.S. Braces for West Nile Virus Season, "there are more cases of paralysis \(from West Nile\) than there were in many years of polio."](#)

[EXPERTS HAVE LET 319 DIE OF HEMORRHAGIC FEVER WITHOUT TESTING SERUM LEVELS OF VITAMIN C ONCE. THE DRUG INDUSTRY MUST BE VERY PROUD OF THEM.](#)

[The internet can break this "Vitamin C Secret"](#)

Note: the following number of links are for the day this part of the site was updated. For some reason Google seems to have fewer links in time but Yahoo more links.

[Links for Cathcart and "Vitamin C" Google ~22,300 links, Yahoo ~9,960](#)

[Links for "Vitamin C" and Ebola Google ~37,200 links Yahoo ~8,240](#)

[Links for "Vitamin C" and SARS](#) [Google ~261,000](#), [Yahoo ~261,000](#)

[Links for "Vitamin C" and SARS and Cathcart](#), [Google ~520](#), [Yahoo ~149](#)

[Links for "Vitamin C"](#), [Google ~42,900,000](#), [Yahoo ~11.800,000](#)

[Links for "Vitamin C" + Cancer](#), [Google ~5,470,000](#), [Yahoo ~4,025,000](#)

[Links for "Vitamin C" and "West Nile"](#), [Google ~248,000](#), [Yahoo ~259,000](#)

[Links for "Vitamin C" and "bird flu"](#), [Google ~247,000](#), [Yahoo ~352,000](#)

[Links for Vitamin C and flu](#), [Google 1,600,000](#), [Yahoo 1,750,000](#)

[Links for "vitamin C" and Klenner](#), [Google ~15,900](#), [Yahoo ~3,090](#).

[Links to Irwin Stone, "vitamin C" and "Irwin Stone"](#), [Google ~10,400](#), [Yahoo ~1,230](#)

[Links to Linus Pauling, "vitamin C" and Pauling](#), [Google ~239,000](#), [Yahoo ~140,000](#)

[Ebola and Marburg virus](#), [avian \(bird flu\)](#), [West Nile viral](#), [polio](#), and all **acute** infectious diseases can be cured or ameliorated by massive doses of Vitamin C

Marburg + Ebola Score May 29, 2005:

Drug industry, experts on hemorrhagic fevers = 311 + 10 + 9= 330 horrible deaths, bleeding, coughing up blood, other obvious symptoms of scurvy

Testing for blood levels of vitamin C = 0

Trial of ascorbate cure = 0

Most of the cases of [Ebola and Marburg virus](#), [bird flu](#), and [West Nile](#) viral infections like [all acute infections](#) can be cured or ameliorated with massive doses of intravenous sodium ascorbate. This fact is because all of these diseases cause symptoms and kill because of massive amounts *of free radicals*. The ascorbate is a **free radical scavenger** that works by donating electrons to neutralize the massive amounts of **free radicals** generated by these diseases.

While it is true that we do not want to run out of vitamin C, vitamin E, and the other free radical scavengers, it is thought by most that small amounts of vitamins usually prevent that. Unfortunately, the frequently overlooked fact is that some of these free radical scavengers (notably vitamin C) are destroyed at a rapid rate in tissues overwhelmed by free radicals. An obvious example of this would be the **acute systemic scurvy** that occurs with the hemorrhagic fevers. That this occurs is skillfully kept secret by the fact that no one will order to be tested the **blood levels of vitamin C** in these acutely ill, **hemorrhaging patients**. One can speculate as to the reasons why in patients hemorrhaging that blood levels of vitamin C are not ordered since the **most well known symptom of scurvy is hemorrhaging**. Is it an unbelievable level of stupidity or are there some financial reasons for not ordering the test and correcting **the obvious acute induced scurvy**?

The key issue here and the issue missed by even most nutritionally oriented thinkers is that with most antioxidant, free radical scavengers the **electrons** ingested in the usual and even large doses are minimal and that most of the electrons are provided by metabolic processes within the patient. These processes are, unfortunately, **rate limited**. **Whenever inflammatory symptoms occur, the rate at which the body can provide these electrons has been exceeded. Ascorbate is the only free radical scavenger that we can ingest in the huge amounts necessary to provide the number of electrons to neutralize the massive amounts of free radicals generated by most diseases.** However, in the cases of Ebola, Marburg, West Nile, and bird flu the amounts of free radicals generated by the disease processes will usually be too great for even massive doses of oral ascorbic acid. The amount of electrons in the sodium ascorbate that can be tolerated intravenously is even greater than the amount of electrons in the ascorbic acid that is tolerated orally. Therefore, in these severe cases it is usually necessary to provide enough electrons with the sodium ascorbate intravenously.

To put it bluntly, all this has to be kept secret from the public because it would become obvious to any thinking person that if ascorbate can cure Ebola, Marburg, West Nile, and bird flu, what about all the other inflammatory diseases and conditions? This is the reason that **Klenner's curing polio that was published in 1949** was **kept secret**. This is why a **Google search on vitamin C will yield 6 to 12 million links** (**Yahoo 33.5 million, Ask Jeeves 4 million**) depending upon the day but that the annual indexes of JAMA (the Journal of the American Medical Association) or the annual indexes of the New England Journal of Medicine most years does not have a single reference to vitamin C.

If everyone knew about how to use massive doses of ascorbate orally and intravenously, it would be a financial disaster for the drug industry. **The big question is whether the vitamin C secret can be kept secret now with the internet screaming the truth all the time. TV, radio, magazines, medical journals, doctors, pharmacists, lawyers, politicians, and science editors can be kept in line by huge financial interests but the internet cannot. This vitamin C secret is costing trillions of dollars and millions of lives over the years.**

In a sense, human beings have a genetic defect in that we do not make ascorbate. Almost all animals except for man, higher monkeys, Guinea pig, and the African fruit eating bat make ascorbate (*Irwin Stone*.) This is why four legged animals can eat dirty things off the ground without getting sick. The advantage of not making ascorbate was probably that the animals that make ascorbate make it from glucose. This fact means that the non ascorbate producing animals can live longer without food and can survive famines better. However, when exposed to infectious organisms, these non ascorbate producing animals do not do as well as the ascorbate producing animals. When the monkeys came out of the trees and started herding in large civilizations, diseases such as cholera, plague, smallpox, etc. would wipe out large percentages of the population. Since starvation is not a big problem in the United States, we would do better if we could make ascorbate. Actually, we can make more ascorbate than a dog, cat or rat, but in our chemical plants; we just have to have the brains to know how to take the massive doses necessary in acute situations.

If you have a website and have seen the power of vitamin C, even for colds or flues, **please link to this website**. Send Emails to friends about this. We have to force an honest investigation and the utilization of massive doses of vitamin C. The way that things are now massive doses of vitamin C will not be investigated. An honest investigation of ascorbate is not in the financial interest of the drug industry. However, they cannot control the internet and we can force the issue.

[Eighteen new cases of polio found in Yemen, more feared, WHO says](#)

[That's no problem, we absolutely know how to cure polio.](#)

[Two Cases of West Nile Virus Cured by Vitamin C](#)

[Massive Doses of Vitamin C Do **Not** Cause Free Radicals in Vivo, Review of Literature by Ian Dettman](#)

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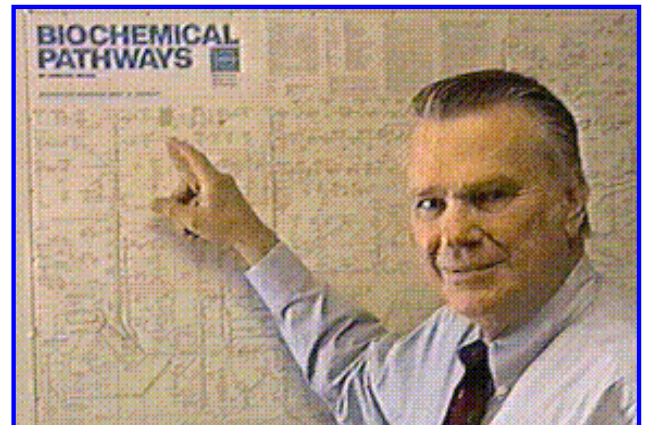
VITAMIN C

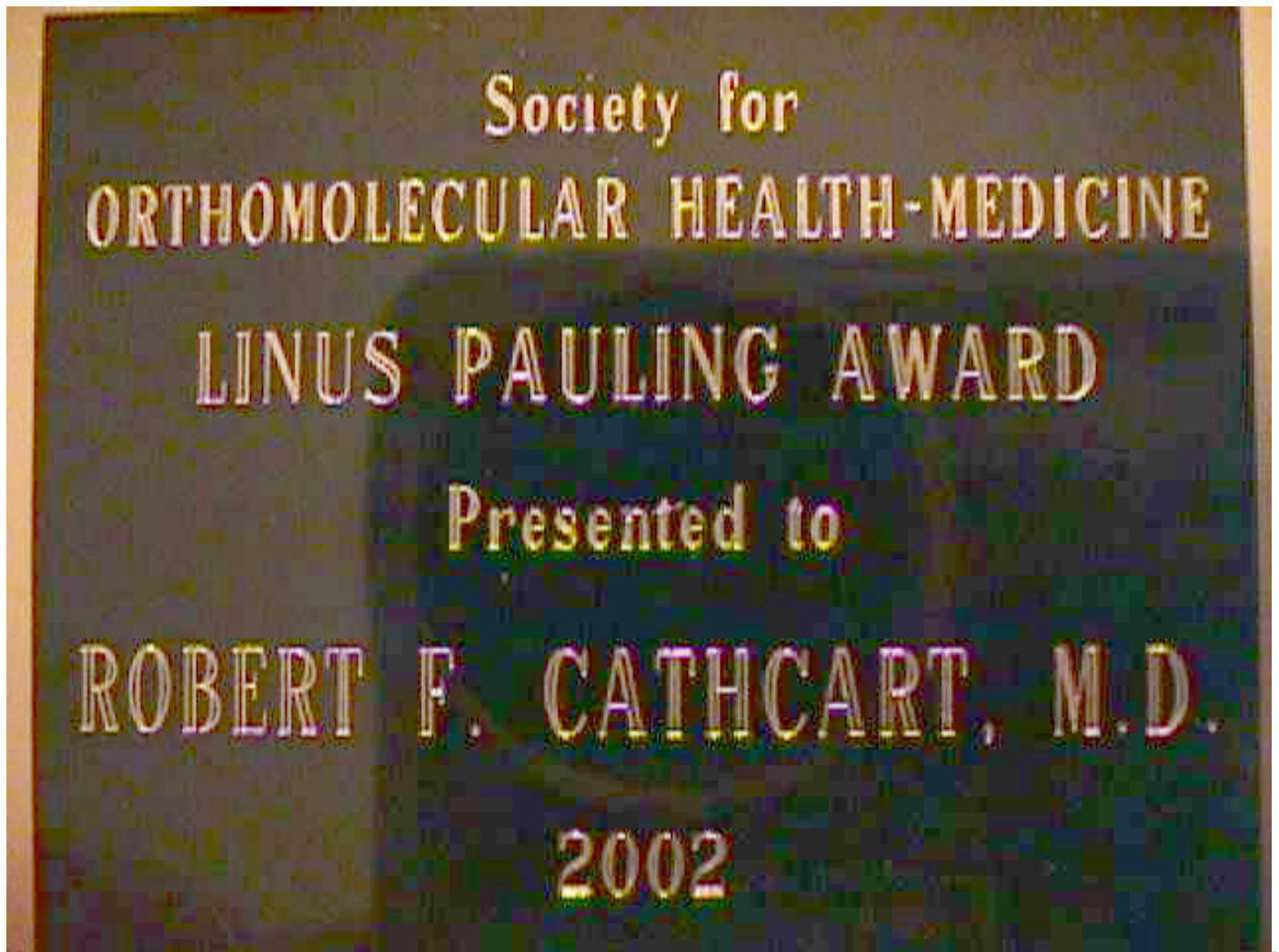
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Publications and reference links below.

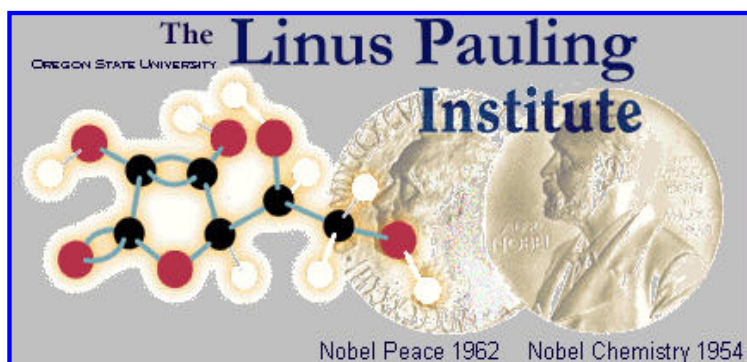
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Definition:

"**Orthomolecular Medicine** emphasizes natural substances such as vitamins, minerals, amino acids, essential fats, and diet in the prevention and treatment of diseases. Food and chemical sensitivities, candida, and parasites are considered important. Chelation for the elimination of heavy toxic metals is utilized where needed. I am especially interested in the use of mega doses of vitamin C, both orally and intravenously." -Robert F. Cathcart, M.D.-



[The Linus Pauling Institute of Science and Medicine Newsletter FALL 1978 on Robert Fulton Cathcart, III, M.D. {allow lots of time for this download because it is in PDF format.}](#)

[The Healing Factor, Vitamin C Against Disease by Irwin Stone. The Complete ONLINE Book Thanks to the Vitamin C Foundation.](#)

[Vitamin C: The Master Vitamin, by Sandra Goodman, Ph.D.](#)

[Shaking Baby Syndrome by Susan Macafee](#)

[Is it .Shaken Baby,. or Barlow.s Disease Variant?](#)



Robert Cathcart, M.D. spoke at the Health Trends 2000 Conference August 27-29th at Radisson-SAS-Scandinavia Hotel, Copenhagen arranged by the Danish Society of Orthomolecular Medicine on, "Vitamin C, The Premier Free Radical Scavenger."

[Slides of the above talk.](#)

Last Updated January 3, 2007

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